

Rethinking Obamacare

The Affordable Care Act (ACA), or Obamacare, was enacted in 2010. The two-thousand page law has been polarizing.

The main features are: All Americans must have health insurance or pay a tax penalty, insurance companies cannot drop you when you're sick, & you can't be denied coverage for pre-existing conditions. Subsidies that applied to low income people may soon be eliminated by a recent presidential order.



We need more health in our "healthcare"

60% of all personal bankruptcies are due to medical expenses. Most who file are middle-class homeowners. The ACA eliminated both lifetime and annual insurance pay-out limits. This protects many Americans from going bankrupt and allows them treatment as long as they need it.

I see the benefits, but also see a number of unaddressed weaknesses of the ACA.

Cost:

I'm not sure if ACA should be solely blamed, but my own health insurance has skyrocketed in the last few years. My individual premium (all paid by me) is nearly \$700/month and annual deductible is \$7200. Maybe the high cost & deductible help make insurance affordable for others but that's a lot for me to pay for cumbersome, very hard to understand coverage.

Value:

The ACA does little to discuss or promote actual health and wellness. To increase sustainability and affordability, Americans need to be taught as much about their own health as their doctors have been taught about drugs and disease. The ACA focuses on how people pay for sickness treatments that rely on obscenely expensive toxic pharmaceuticals and surgeries. However, **the discussion about people's ability to pay distracts from the question: What is the true value and safety of these services?**

Efficiency:

Former American Medical Association chairman Dr Raymond Scalett said: "One-third to one-half of the trillions per year America spends on healthcare is simply unnecessary." Why? One simple reason is inefficiency created by a staggering bureaucracy. Duke University Hospital is a prime example. It has 900 hospital beds and 1,300 billing clerks! Those clerks are swamped with paperwork using different systems figuring out how to bill different insurance companies.

Large hospitals in countries with single-payer systems (functioning like our Medicare) typically have only a handful of billing clerks.

Conflicts of Interest:

A study done by the American Medical Student Association showed that only 4 of 158 medical schools in the US banned



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Rethinking Obamacare continued

drug company representatives from their campuses. They also discovered one Harvard professor who promoted the benefits of cholesterol reducing statin drugs to his students was a paid consultant for 10 drug companies, including five makers of the drugs he enthusiastically promotes. They uncovered many more obvious conflicts involved in the shaping of medical students' beliefs. The ACA does nothing to stop drug companies from buying influence at medical schools. **Nor does it change the fact that typical medical school curricula fail to include classes in wellness and disease prevention.**

Over 85% of medical students graduate with student debt in the range of \$150,000 - \$200,000 (excluding undergrad costs). Even if young doctors acknowledge the problems and conflicting interests, their goals are understandably to start immediately paying back their loans and earning for their families, not to repair a broken medical system. **In some countries, medical school is free to students who are willing to assist underserved communities for several years after graduation at a reasonable wage.**

If we continue to allow drug manufacturers and insurance companies to frame the "health" care discussion we'll undoubtedly receive "affordable" healthcare that's expensive, toxic, and habit forming. **Real national healthcare reform would actively encourage a change from relying on invasive, extremely expensive, profit driven, high risk treatments like drugs and surgeries to time-tested, low-cost, natural methods of optimizing health and wellness.**

Staying Healthy With Colloidal Silver

The discovery of penicillin in 1928 was a life-saving breakthrough in treating infection. The downside: overuse of antibiotics has lead to the creation of "superbugs," pathogens that have adapted and become resistant to antibiotics.

One solution to the superbug problem is ancient - silver. Hippocrates, the "father of modern medicine," recommended silver for wound care over 2,400 years ago and colloidal silver was an accepted treatment for infection in the early 1900s until pharmaceutical antibiotics pushed it out of favor.



Silver is back in a big way. American Biotech Labs has improved this ancient treatment with their patented SilverSol® technology that creates multiple modes of action not available from other colloidal silver products.

Independently validated research at leading universities, labs, and peer-reviewed articles in medical journals prove SilverSol's effectiveness against a variety of pathogens.

SilverSol used along with antibiotics has been proven to increase antibiotic effectiveness tenfold.

Four different hospitals tested the oral use of SilverSol (at 10 ppm) to treat 18 different ailments and diseases. A BYU study found it more effective and more broad-spectrum than any single antibiotic tested against 15 different pathogens. Studies included infections of the upper respiratory tract, eyes, ears, throats, intestinal and urinary tracts, yeast infections, gonorrhea, malaria, cuts and more. Other research at BYU showed a 98.8% kill rate within 4 hours against anthrax.

SilverSol was also proven effective at killing MRSA (Methicillin-resistant Staphylococcus aureus) - relevant since MRSA is the #1 killing pathogen in US hospitals because it's highly resistant to nearly all chemical antibiotics.

Silver Biotics Is Uniquely Safe

Because of the structure of the SilverSol particle, it is more effective at far lower doses than other colloidal silvers. Further, **SilverSol is non-toxic and, unlike other silver solutions, it will not cause Argyria (blue-tinted skin)** because its silver particles leave the body within 24 hours.

Now Available in Two Forms To Fight Disease

Silver Biotics Liquid SilverSol taken orally helps boost the immune system, enhancing the body's natural defenses. It's non-toxic and may be taken daily by both children and adults. It's highly effective working **with** prescription antibiotics.

ASAP OTC is a SilverSol gel formulated for wound care and other topical uses to heal and prevent infection.

Rob's note: When using Silver Biotics for acute intervention (instead of daily maintenance), I use at least 3-5x the suggested label dose.

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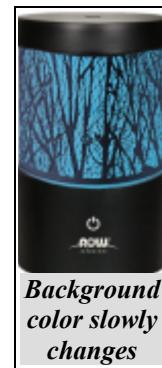
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- Carolyn McCown, GP