

Amazing HCG Success Stories From Sunshine Customers Could Easily Fill 10 Pages, Check Out These Four!

Sunshine Customer Is Fired By His Doctor!

Grants Pass resident, 44 year old Randy Storstad was shocked the last time he visited his doctor. The doctor told him that if he didn't lose weight, he would refuse to see him again!

Randy took the message to heart and realized the doctor was right, his excess weight had become a critical issue. Randy was not optimistic and felt his chances of losing weight were "slim to none".

Soon after, Randy's sister told him about the HCG diet plan she had purchased at Sunshine.

One of the first things Randy noticed while taking the HCG drops and

following the diet was that he was not particularly hungry. In fact, he found the diet easy to stay on. He did notice that he needed to drink plenty of water and

that was stated in the instructions. *In his first 6 weeks using the HCG drops and carefully following the diet Randy has lost an astonishing 61 lbs.* He feels great, sleeps better than before and has more energy! His blood sugar has dropped from 156 down to 121 and Randy is hoping that the next time he sees his doctor he may be able to reduce his medication.

Randy's target weight is to be under 200 lbs, which for his height would be ideal. His attitude is now hopeful and happy and we are betting he'll achieve his goals. **Product Used: HCG Plus, Enhanced Formula 2 oz. bottle.**



Grants Pass Realtor Is Healthier Than Ever!

Grants Pass realtor Sharon Vest heard about the HCG plan from her daughter-in-law and came to Sunshine to check it out. Sharon is totally jazzed about her results and wrote: "I am approaching the 6th week of using the HCG drops and following the diet. I have lost 22 pounds. Better yet, I've lost lots of inches. *After following the plan I purchased at Sunshine, I had a great report from my doctor after my annual checkup.* Total cholesterol was in the 135 range with normal hdl and ldl levels and blood sugar is now in the 80's. Not bad for someone diagnosed with type 2 diabetes and a previous total cholesterol

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The HCG diet plan has helped hundred of Sunshine customers safely lose a pound a day!

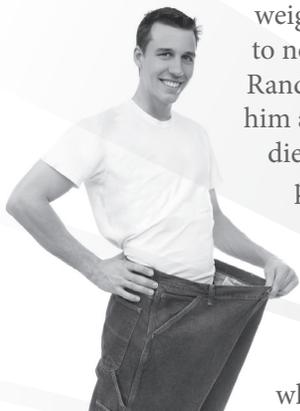
Really, Lose a Pound a Day!

Hundreds of Sunshine customers are safely losing a pound a day! They're doing it without extra exercise and most amazing, the vast majority are not even hungry! The HCG DROPS & DIET PROGRAM have made it all possible. The program consists of safe and effective, under-the-tongue HCG Homeopathic liquid drops and the required HCG dietary plan. For decades the HCG protocol required physician administered injections costing \$700 to \$1500. Our homeopathic HCG drops are proving to be equally effective, and in many cases have surpassed results from injections at a tiny fraction of the cost. Our drops are natural and made in the U S from pharmaceutical grade ingredients. They are unsurpassed.

What Is HCG and How Does It Work?

HCG is a hormone produced by pregnant women. It is important for the initial phases of pregnancy and also to help insure that the unborn baby receives abundant nourishment throughout gestation. If a pregnant woman cannot eat due to morning sickness or has the flu for a week the baby doesn't go hungry. In times of reduced caloric intake the HCG hormone acts as a safeguard to insure the baby receives abundant nourishment by triggering the hypothalamus gland to release fat reserves.

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Testimonials...from pg 1

of over 200... and that's all with no medication! Thanks for providing this product and education on its usage!"

Product Used: HCG Plus, Enhanced Formula 2 oz bottle

Woman Finds Solution For 60 Lb. Weight Gain!

Several years ago Patty Eide was faced with a medical double whammy. For health reasons she underwent a hysterectomy and quit smoking. Unfortunately she gained over 60 lbs. Patty tried 4 nationally known weight loss programs and even went on a raw food and juice diet for 2 years all to no avail. Her friend told her about the HCG plan available at Sunshine. Understandably, Patty was skeptical, after all she had been unable to lose significant weight despite diligently following virtually every well known weight loss program.

Using the HCG system Patty has lost 19 lbs in the first 17 days. She is now enthusiastic, bursting with energy, has lost inches everywhere and looks forward to shopping for new clothes.
Product Used: HCG Plus, Enhanced Formula 2 oz bottle.

Man Has Sister to Thank For Restoring His Lifestyle

66 year old Tom Altamont from Tacoma Washington was enjoying a very active retirement when he was involved in a minor car accident. He sustained no serious injuries but back pain forced him to cut way back on physical activity and he gained about 40 pounds. TV in a recliner was about the only "activity" that he could do without pain. The more weight he gained, the more the pain increased.

Tom's sister lives in Grants Pass and has been a Sunshine customer for years. She had great success with the our HCG program and told Tom who then

ordered it from the Sunshine website. Tom carefully followed the program and lost 20 lbs the first 14 days. He ended up losing nearly 40 lbs and five inches off his waist in six weeks. Tom sleeps better, has been able to discontinue his prescription pain meds and has far more energy. He is now back to walking about 40 minutes a day and his weight is staying down.

Tom said the next time he visits his sister he'll stop in to thank us in person.
Product used: HCG PLUS, Enhanced Formula 2 oz. Bottle

HGC...from pg 1

The medical pioneer in HCG weight loss research was Dr. Simeon. He discovered in the 1950's that if restricted to a 500 calorie per day diet your body will shift into survival mode, lock down fat stores and burn your own muscle. This is the worst way to lose weight! However if HCG is introduced to a person restricting their intake to 500 calories per day the HCG will cause their hypothalamus to release and liquefy their own excess fat so its available for use. The result is their body uses thousands of calories of fat per day from their own reserves while preserving lean muscle mass. This is why men and women of all ages are able to lose a pound a day and more!

One of the most amazing things we've heard at Sunshine is that most of our HCG customers reported that they were not particularly hungry when on the 500 calorie diet combined with the HCG drops. This is because as HCG



releases your fat reserves, your body then consumes that fat which acts as a source of energy in place of food. Your total consumption each day will probably be around 3500 calories per day, 500 from food and 3000 from the released fat. So you are getting plenty to "eat", it's just that most of it is coming from your own excess fat! Sunshine HCG package pricing includes the drops, 15 pages of detailed written instructions for optimizing your success and email access to a medical expert for personalized advice if needed.

The Enhanced Formula has the same dose of HCG as the Original plus some extra homeopathic ingredients that assist your body in flushing toxins. Toxins are often stored in fat tissue and when fat is liquefied quickly toxins may be released causing your blood to temporarily become a little acidic. This may cause mild fatigue. The enhanced formula helps to flush toxins and people using it generally report feeling better and having more energy.

Following the diet for 3 weeks and using either a one oz. bottle of the Slim or Plus formulas will typically result in 10-20 lbs of weight loss. Using a two oz. bottle of either formula for 6 weeks in conjunction with the diet usually results in a 25-45 lb reduction.

Now hundreds of Sunshine customers are excited to jump on the scale every morning to see how much weight they've lost and you can be too! Come to Sunshine today and let us explain the full 15 page diet and information pack included with every HCG purchase. It includes everything you need to know to join the hundreds of Sunshine customers who are safely losing a pound a day.

HCG Slim---- Original Formula

1 oz, a 3 week supply \$44.98

2 oz, a 6 week supply \$69.98

HCG Plus----Enhanced Formula

1 oz, a 3 week supply \$54.98

2 oz, a 6 week supply \$79.98

Pricing and offers subject to change without notice.

HCG and all the related and compatible products listed in this newsletter are also available online at sunshinefoodandvitamins.com

www.sunshinefoodandvitamins.com

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www.sunshinefoodandvitamins.com

Sunshine Offers Supplements That Help Make The HCG Program Even Better

ALL ON SALE FOR
25 - 35% OFF THRU SEPT 7TH *

It is not necessary to take any other supplements for the HCG program to be successful. However for optimum health, especially when dieting we do recommend using any or all of the following products:

Slim Support homeopathic drops can be used before, during or after the HCG protocol to help make the HCG drops even more effective.

Slim Support is extremely valuable during the recovery phase of the HCG program. This is the time when you stop taking the HCG drops and begin re-introducing foods while transitioning back to normal eating. **Slim Support** is also a great plateau breaker if you stop losing weight while on the program. \$34.98 for a 6 week supply.

A high quality daily multivitamin like **Vitamin Code multivitamins from Garden of Life** that are made 100% from raw foods are an excellent choice. They contain about 6 calories and 1 gram of carbohydrate per daily serving which won't change the effectiveness of the HCG program but will help insure that you are fulfilling your nutritional needs. \$32.29 for a 30 day supply. Other high quality multivitamins like **Pure Essence Labs One-and-Only** are available starting at \$12.79

When placed in a quart of drinking water **Coral Calcium sachet** packets help to provide needed minerals and make the water more alkaline. This can



enhance energy and cleansing, especially when dieting. \$19.98 for a 30 day supply

Recognized for centuries in China, it has now been scientifically shown that fat excretion can be twice as high for those who consume **Oolong Tea** (Wu Long) compared to the placebo. \$4.45

The health benefits of **Yerba Mate** tea have been recognized for centuries in South America. Research is now indicating it can be helpful for weight loss as well. \$5.19 bags \$8.99 loose.

EveryDay Detox Tea promotes healthy liver function. It also helps digest fats and promotes digestion by aiding in the manufacture of bile. EveryDay Detox is based on a Traditional Chinese Medicine formula to benefit and nourish liver and kidney functions, organs that play important roles in detoxifying your body especially during a time of rapid change. \$5.49.

All the **Detox and Cleansing formulas from Renew Life** can be perfect when dieting. \$24 - \$32

Sunshine now offers HCG friendly body care

ALL ON SALE FOR
25 - 35% OFF THRU SEPT 7TH *

Sleepy Hollow Oil-Free Moisturizer

Does the idea of a moisturizer without oils sound impossible? Your body produces its own natural oils so when your skin looks dry and feels flaky your skin is asking for moisture not oil. This botanical moisturizer is completely oil-free. It uses plant humectants to provide skin's



necessary moisture balance. Now you can have soft, not oily skin. A natural formula suitable for all skin types and is compatible with HCG.

16 oz., \$8.99



Sleepy Hollow Oil-Free Facial Crème offers deep penetrating moisture that is 100% oil free. Nourishes dry, flaky skin. Super rich, yet gentle enough for all skin types. Is HCG compatible.
4 oz., \$10.99

Sleepy Hollow Oil-Free Shampoo gently cleans the hair allowing it to grow with new body. Recommended for all hair types. Is HCG compatible
16 oz., \$7.49

Sleepy Hollow Oil-Free Conditioner will leave your hair feeling thicker, fuller and looking healthier than ever. Is HCG compatible **16 oz., \$7.49**

Nature's Gate Mineral Sunblock offers SPF 20 protection. This sunblock is low-oil, goes on easily and protects for hours.
4 oz., \$5.99

Stevia All Natural Sweetener available in powder and liquid in 5 flavors. **\$7.19 to \$10.98**. Is HCG compatible

***Pay the regular Sunshine discount price for the HCG and receive an additional 25 - 35 % off on all the HCG related and compatible products listed in this newsletter.**

- Safely Lose A Pound A Day
 - Customer Success Stories
- Inside –**

Sunshine... Where an educated consumer is always our best customer.



August 2010

LOSE A POUND A DAY AND KEEP IT OFF WITH THE HCG DROPS & DIET PLAN

- HCG Is Safe and Effective
- HCG Unlocks Stored Fat
- HCG Helps Eliminate Hunger Cravings
- HCG Resets Your Metabolic Rate
- HCG Reshapes With Minimal Exercise
- HCG Can Reduce Or Eliminate Weight Related Medical Problems



SUMMER WEIGHT LOSS SALE

Now when you purchase the HCG Drops at the regular Sunshine discount price you will receive 25-35 percent off all the other HCG related and compatible products thru Sept. 7th.

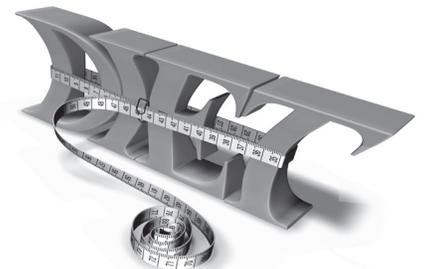
*With the purchase of any 1 oz bottle of HCG you'll receive 25% off **
*With the purchase of any 2 oz bottle of HCG you'll receive 35% off **

**Pay the regular Sunshine discount price for the HCG and receive the discount on all the additional HCG related and compatible products listed in this newsletter.*

“The Doctor of the Future, will dispense no drugs, but will interest his patients in the care of the human frame, diet and the cause and prevention of disease”....

Thomas Edison

**Lose weight the
The HCG Way!...**



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www.sunshinefoodandvitamins.com