

What About This New Coronavirus?

In the last 2 months we've all been hearing about a newly identified and potentially lethal coronavirus, the first cases of which were tracked to Wuhan City, Hubei Province in China. At time of this writing the worldwide death toll is approaching 1,600.



Loose fitting masks will not provide any protection against a virus

Coronaviruses (CoV) are a large family of viruses that cause illness ranging from the common cold to more severe diseases such as Severe Acute Respiratory Syndrome (SARS-CoV) and Middle East Respiratory Syndrome (MERS-CoV). Coronaviruses are zoonotic, meaning they can be transmitted from animals to people. Detailed investigations found that SARS-CoV and MERS-CoV were transmitted in this way. Common signs of infection include respiratory symptoms, cough, chest congestion, and fever. In more severe cases infection can go deeper in the lungs causing pneumonia and even death.

Fortunately, one puzzling aspect of the new coronavirus so far is the lack of child victims. A similar pattern was seen with SARS and MERS. SARS had a mortality rate averaging 10 percent. Yet no children, and just 1 percent of youths under 24, died, while those older than 50 had a 65% risk of dying.

But why did this new virus seem to start in Wuhan City? The likely answer is disturbing in its simplicity. In January 2018, China's first maximum security virology laboratory (biosecurity level 4) designed for the study of the world's most dangerous pathogens opened its doors in Wuhan Coincidence?

For the past decade there have been red flags raised in the scientific community about bio-security breaches in high containment biological labs globally (including in the US). It's a reasonable concern considering that there have been hundreds of such breaches around the world. From 2014 through 2017 in the US there was a moratorium on experiments on coronaviruses like SARS and MERS, as well as certain influenza viruses. The ban came after high-profile lab mishaps at the CDC and publicity about controversial flu experiments in which the bird flu virus was engineered to mutate and become more lethal.

Richard Ebright, a molecular biologist and bio-defence expert at Rutgers University, stated that he suspects that the expansion of these labs in China is a reaction to larger lab networks in the United States and Europe. He adds that competing governments will assume that expanded capacity in other countries is for the potential development of bio-weapons. "These facilities are inherently dual use" he stated. They work on new vaccines and legitimate health concerns while working on bio-weapons. "One impact of this work is the creation, in a lab, of new, non-natural health risks."

The year before it opened, Tim Trevan, a biosafety consultant



GREAT PRICES, GREAT ADVICE
128 S.W. "H" STREET, GRANTS PASS, OR
541-474-5044 • TOLL FREE: 877-656-1634
sunshinefoodandvitamin.com

**- SEE INSIDE FOR -
Impressive New Products At Sunshine
Retired RN Lowers Blood Pressure
An Immune Boost When You Need It Most**

Coronavirus continued:

from Maryland, expressed concern about viral threats potentially escaping the Wuhan Laboratory. Trevan says that an open culture is important to keeping high security labs safe, and he questions how easy this will be in China where society emphasizes hierarchy and control. "Diversity of viewpoint, systems where everyone feels free to speak up, and openness of information are important," he said.

Chinese officials say that they have worked to address this issue with staff. "We tell them the most important thing is that they report what they have or haven't done. Transparency is the basis of the lab."

Validating Trevan's concerns, a Chinese doctor who tried to warn his medical school classmates Dec.30 about the new coronavirus that resembled the deadly SARS virus was silenced by police long before Chinese health authorities disclosed its full threat. Sadly, he succumbed to the illness about a month later.

Standard recommendations to prevent viral respiratory infections would definitely apply to this new coronavirus. Frequent hand washing, covering mouth and nose when coughing and sneezing, and avoiding close contact with people showing symptoms of colds and flu. Other top priorities should be getting plenty of sleep and an abundance of Vit D-3. Hundreds of customers have also convinced me that when colds and flu begin to go deeper into the chest, two herbal formulas really stand out as effective: **Lung and Bronchial Tonic** from NATURA (an Ashland company) and **Clear Lungs Extra Strength Blue Label** have helped them recover from pneumonia and other serious respiratory issues.

New Products At Sunshine

Heals And Maintains Healthy Joints



Joint Vibrance helps heal worn out joints 2 ways. To rebuild, it provides the raw materials our joints need supplying massive doses of 2 types of collagen, along with glucosamine, chondroitin, minerals & more. For pain & inflammation it supplies an array of anti-inflammatory botanicals. It's a joint-building, pain reducing powerhouse.

Joint Vibrance is now Sunshine's most comprehensive joint formula. Several customers insisted we bring it in. It worked great for them & they won't use anything else. Thanks to them, I'm now using it myself. I love learning from our customers!

Support Optimum Functioning Of Every Body System



Ideally, minerals should come from eating a high quality diet. However, in today's world food alone is often not enough because soils have been depleted (see last month's cover story). If it's not in the soil, it **can't be in the food. Taking Concentrace ionic mineral drops from TRM every day ensures you're getting a full spectrum of trace minerals** that used to be in our diet. For maximum energy, clear thinking and proper functioning of every

body system, macro and trace minerals are critical: iron for blood, sulfur, magnesium and potassium for muscles, calcium and an array of trace minerals for bones. Concentrace has them all.

Other Mineral Formulas

We Now Stock From TMR Include:

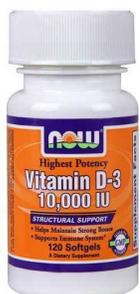
Electrolyte Stamina Power Packs, Electrolyte Stamina Tablets, Ionic Iodine Drops, 40,000 Volts Electrolyte Concentrate, & more

Prevagen Professional Formula



Prevagen is a brain health supplement clinically shown to help with mild age-associated memory loss. We've carried it for years. The **Professional Formula** has recently become available. It's their best value providing 40 mg of Apoaequorin per capsule. The **Professional Formula** is not sold in drug stores or other mass market outlets. Many sunshine customers are sure it has helped them and/or their family members. We now also stock **Prevagen Chewables**.

Now Brand Vit D-3 10,000



A recent meta-analysis done in London compiling data from over 10,000 participants showed that Vit D-3 (the sunshine vitamin) supplementation reduced incidence of colds and flu by 10%. More impressive, **among people who were low in D, supplementation reduced infection risk by 50%**

Blood Pressure Reduced Naturally

Jeanette's Success Story



Her doctor has encouraged her to: "keep doing what you're doing."

83-year-old Jeanette Downes, a retired Registered Nurse from Hugo, had a mild stroke last year. Her doctor discovered that her blood pressure was 190/100 - way too high!

Jeanette knew she needed to bring it down quickly so she used the prescription her doctor recommended. It worked.

However, after about a year she began noticing some very annoying side-effects. Sometimes her mouth was so dry she would have trouble speaking. Also her fingers would sometimes become so numb the embroidery needles would fall right out of her hands.

Jeanette became determined to try something natural to control her blood pressure without unwanted side-effects. She came to Sunshine and was shown 2 products: **Ionic Fizz Magnesium** and **Heart Response**. Being an RN Jeanette very thoughtfully considered her options before deciding to discontinue her prescription (we advise people to consult with their doctor before making that choice).

Jeanette decided to move ahead carefully on her own. She discontinued the Rx and began taking 2 Heart Response capsules and a half scoop of Ionic Magnesium daily. She monitored her blood pressure 6-8x a day as she gradually increased her dose of the supplements. One day her BP was a little too high so she took her prescription for a couple of days until it came back down.

The Results: During her last wellness visit she told her doctor she was off the meds and had gone natural instead. After taking her blood pressure and finding it in the normal range he said: "keep doing what whatever your doing."

Ioniz Fizz Magnesium has helped countless Sunshine customers reduce blood pressure and relieve muscle cramps. It contains magnesium, potassium, trace minerals and a lot more. Magnesium is a vasodilator and is critical in over 300 different reactions in our bodies.

Heart Response combines hawthorn, L-carnitine, and CoQ10 with other herbs, vitamins, amino acids, antioxidants, and minerals to support cardiovascular function.

Elderberry 4-in-1 Syrup From Garden Of Life



The Elderberry, Echinacea, Vitamin C, and Zinc in this formula provide a **power-packed immune system boost** when you need it most. Plus it tastes **great!**

Elderberry has been used in Europe for centuries for treating & preventing cold and flu.

Use It Every Day Or At The First Signs Of Cold or Flu Save An Additional 10% Thru March 21st